

An investment in Life. Classically Balanced.



Your Well-Deserved Investment...

- Unlimited professionally-led wellness classes
- Mirbeau Balanced virtual wellness program
- State-of-the-art fitness center with Peloton Bikes
- Access to Spa Mirbeau
- Receive 15% off all purchases at all Mirbeau locations (excluding alcohol & holiday events)
- Receive 15% off overnight rates at any of our Mirbeau Inn & Spa locations (restrictions may apply)
- Weekly Member Night with 25% off dining
- Preferred Reservations
- Up to 10 day visits at any of our Spa Mirbeau locations
- Annual members receive : \$100 wine card and 6 day passes per year for you to bring a guest

ESTATE WELLNESS MEMBERSHIP

INDIVIDUAL

1 annual payment
\$1,955

or

12 monthly payments
\$175

COUPLES

1 annual payment
\$3,410

or

12 monthly payments
\$295

MONTH-TO-MONTH

Limited Availability

INDIVIDUAL

\$210

COUPLES

\$370

All memberships except the month-to-month option are 12 month contracts.

Membership inquiries may be submitted to our Wellness & Membership Manager, dbobbett@mirbeau.com.

Health & Wellness

PERSONAL TRAINING

Our certified personal trainers will work with you one on one to create custom workouts based on your fitness goals.

Private Session 50 minutes | \$85 · 80 minutes | \$120

Package of 10 50 minutes | \$720 · 80 minutes | \$1020

Each additional person is \$30

PRIVATE WELLNESS CLASS

Let one of our certified wellness instructors take you through a customized private class tailored to your specific needs and goals.

Private Session 50 minutes | \$85 · 80 minutes | \$120

Each additional person is \$30

HEALTH COACHING

Work with a Health Coach to achieve your wellness goals in the areas of fitness, nutrition, weight management, stress reduction, sleep, smoking cessation, and overall wellness.

Private Session 50 minutes | \$95 · 80 minutes | \$130

Package of 10 50 minutes | \$800 · 80 minutes | \$1100

REIKI TREATMENT

The intention of Reiki Healing is to create deep relaxation, to help speed healing, reduce pain, and to create an overall sense of calm.

Private Session 50 minutes | \$85

A suggested gratuity of 20% will be automatically added

SOUND BATH WORKSHOP

Sound baths help to relax and promote the natural ability of the body, mind, and spirit to heal from within.

Please call for custom pricing

PILATES APPARATUS TRAINING

Pilates builds strength without excess bulk and creates a sleek, toned body with slender thighs and a flat abdomen.

Private Session 50 minutes | \$85 · 80 minutes | \$120

Package of 10 50 minutes | \$720 · 80 minutes | \$1020

Each additional person is \$30

STRETCH & RECOVERY TREATMENT

Reverse years of imbalances in our stretch recovery treatment as we use blends of movement and mobility through active and passive techniques to reshape the canvas of your body.

Private Session 50 minutes | \$85

A suggested gratuity of 20% will be automatically added

MIRBEAU BALANCED VIRTUAL MEMBERSHIP

A personal virtual wellness membership delivered to you by the professional wellness teams of Mirbeau Inn & Spa featuring unlimited access to 40+ live-stream classes, 100+ classes on-demand, and customized private coaching. Visit mirbeaubalanced.com to learn more.

\$39/month

Add Spa Day Pass \$30 per person

Wellness offerings are available to book for any spa guest.
Members receive 15% off listed pricing.