Mirbeau
INN & SPA
SKANEATELES
Spa treatment menu

LET YOUR MIND
wander

Recline near the fireplace in our Resting Area as you contemplate your Mirbeau Ritual body treatment, or be refreshed on our outdoor Aqua Terrace.

Whether you seek rejuvenation or relaxation, we are here to create an experience that both

SATISFIES AND INSPIRES.

ENJOY *complimentary indulgences* Before or after your SPA TREATMENT

Lounge or nap in the RESTING AREA with heated foot pool and fireplace.
Submerge in the oversized whirlpool with private bar and menu from The Bistro in the AQUA TERRACE.
Experience the latest in fitness with a complimentary exercise class or work out in our Fitness & Yoga studios.
Utilize our finely appointed locker rooms and meditate in our eucalyptus-infused steam room or dry sauna.

Massages

Nature's Healer Massage

Enjoy the innovative healing technique which uses warm Himalayan salt stone crystals & cool river stones to massage and soothe away any accumulation of stress and tension while bringing the mind, body, and spirit into balance.

100 min price 320 290 m-th

Deep Tissue Massage

A full body, deep tissue massage releases tense muscles, Arnica infused oil gently relieves soreness and inflammation while a muscle recovery cream infused with Hemp-based CBD helps ease muscle, joint, and nerve pain providing fast, effective relief.

50 min price 190 170 m-th
100 min price 340 310 m-th

Monet's Favorite Fragrance Massage

True to our emphasis on classic balance, this aromatherapy treatment tends to physical, mental and emotional well being with your choice of natural essential oils and the benefits of Swedish massage.

50 min price 175 155 m-th
100 min price 300 270 m-th

Mirbeau Signature Massage

Experience complete relaxation with this classic Swedish massage designed to alleviate tension and restore balance enhanced by our nourishing Mirbeau exclusive organic oils.

50 min price 170 150 m-th
100 min price 290 260 m-th

Mother-To-Be Massage

Enjoy the tranquility of a massage with specially designed oils that promise to deliver extra care and nurturing to the mother-to-be.

50 min price 170 150 m-th

Just the Essentials Massage

Enjoy a luxurious massage of the scalp, hands, and feet with a hot oil scalp ritual for those who prefer to focus fully on the essential areas.

50 min price 160 140 m-th

Ashiatsu Massage

Firm "back walking" to pressure points along energy meridians. This Eastern bar therapy where the therapist uses his or her feet to provide a deep, luxurious pain-free massage.

50 min price 180 160 m-th

Thai Massage

This ancient healing art blends assisted yoga with rhythmic deep tissue compressions for a relaxing effect. Wear comfortable clothing.

50 min price 180 160 m-th
100 min price 300 270 m-th

CBD ENHANCEMENT

Enhance your Mirbeau Signature Massage, Deep Tissue, or Nature's Healer massage with the calming and soothing effects of non-psychoactive CBD oil to restore natural movement, eliminate chronic pain, improve your mood, and naturally promote restful sleep.

Add CBD to 50 min Massage 20
Add CBD to 100 min Massage 40

Couples

The Art of Living

Enjoy one of our custom aromatic baths in a private oversized soaking tub for two while enjoying champagne and chocolate covered strawberries. Slowly make your way to the massage table for an ultra hydrating and ex-foliating back scrub followed by a fire side massage, using deeply nourishing and delicately scented massage oils. Our focus is on calming the mind, detoxing the body, and bringing deep wellness, healing and togetherness.

100 min price 580 550 m-th

Mirbeau Signature Couples Massage

A romantic side-by-side signature massage in the privacy of a spa room-illuminated by the flames of your own fireplace. Perfect for spending close time with your sweetheart, but also a lovely time for bonding between mother and daughter, siblings, or friends.

Choose from any 50 or 100 minute massage.
Excluding Nature's Healer, Ashiatsu and Thai.

See Massages for pricing.

Facials

Premier Cru Facial

A supreme beauty ritual providing a comprehensive anti-aging treatment for unparalleled results. The innovative firming roller, manual massage technique, and exclusive Hydrogel mask creates an immediate lifting effect. Fine lines and wrinkles are visibly smoothed and refined, leaving the complexion radiant, youthful, and glowing.

50 min price 205 195 m-th

100 min price 325 295 m-th

Organic Radiance Facial

This high performance facial features the latest advances in natural, organic, and raw ingredients to help deep cleanse skin of environmental pollutants while helping to repair and guard against damage caused by UV and blue light radiation emitted by computer and cell phone screens. This luxurious, results-driven treatment helps improve the appearance of fine lines, wrinkles, dehydration, uneven skin tone, and texture, making is suitable for all skin types.

50 min price 190 170 m-th

Resveratrol Lifting Facial

For skin losing its youthful look, specific sculpting techniques strengthen and firm facial contours. This treatment promotes re-volumizing, lifting, and firming, instantly reviving skin for an overall younger appearance.

50 min price 180 160 m-th

Pro-Collagen Facial

A collagen-enhancing facial enriched with vital sea nutrients and patented brown, red, and green algae known for their remarkable firming properties. Stimulating massage and a hydrating mask increase cellular turnover and encourage the production of elastin.

50 min price 180 160 m-th

Dynamic Resurfacing Precision Peel

Clinically proven to target the signs of aging and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. This facial addresses skin tone, blemishes, and fine lines to transform the skin's texture. This is your start to smoother, younger-looking skin.

50 min price 175 155 m-th

Mirbeau Signature Facial

Brighten, hydrate, purify, and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

50 min price 170 150 m-th

Facial *Enhancements*

Compliment your facial with one of our enhancements to enrich your experience.

Rejuvenate Eye or Lip Mask
price 20

Targets fine lines, dark circles, puffiness, by soothing and tightening tired, overworked eyes for a visibly brighter appearance.

Wow Brow
price 30

Brows are lifted with BIOTEC microcurrent technology, opening the eyes for a wide-eyed youthful look. Results are instant and uplifting.

Lip Definer
price 30

Add volume to the lips with BIOTEC microcurrent technology, lifting and sculpting the jaw line and reducing the appearance of smile lines. Results are instant and uplifting.

Ultrasonic Peel
price 30

A deep cleanse and exfoliation of the epidermis with BIOTEC ultrasonic technology, providing a less aggressive treatment to microdermabrasion revealing a noticeably smoother complexion.

Oxygen Infusion
price 30

Pure oxygen infusion provides optimal results with BIOTEC advanced technology, visibly plumping out lines and increasing skin firmness and hydration.

Light Therapy
price 30

Infrared light emits energy into the deeper layers of the skin with BIOTEC advanced technology, using renewing red to reduce fine lines and wrinkles or healing blue to improve acne and prevent breakouts.

Dermaplaning
price 30

This gentle skin resurfacing procedure exfoliates the top layer of dead skin cells promoting skin cell renewal while allowing for greater penetration of skin care products. Safe for all skin types.

BIOTEC *technology*

Groundbreaking technology meets active ingredients and transformative touch. Through BIOTEC, skin is switched back on, increasing natural cellular energy and delivering immediate, visible, and longer lasting results.

ELEMIS BIOTEC Firm-a-Lift

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. The extra-cellular matrix of the skin is visibly strengthened, restoring elasticity and tenacity for a contoured complexion that is remarkably lifted.

50 min price 220 200 m-th

ELEMIS BIOTEC Line Eraser

Wrinkles are targeted with firming and toning microcurrent pulses to stimulate the skin cells towards dynamic functionality. Circulation is improved, increasing the production of collagen and elastin while the dermis is flooded with super Hyaluronic hydrating activators. Red and blue light therapy warms and de-stresses the skin as a blast of oxygen delivers a breath of fresh air, effectively ironing out wrinkles and filling in lines.

50 min price 210 190 m-th

ELEMIS BIOTEC Skin Resurfacer

This revolutionary resurfacing facial addresses skin tone, blemishes, and fine lines to transform the texture of the skin. The ultrasonic peel reveals a noticeably smoother complexion, using a combination of Lactic and Hyaluronic acids. Steam and extraction deeply cleanse and detoxify before massage and light therapy restore equilibrium. Wrinkles and fine lines are reduced to leave a complexion that has never been softer or smoother.

50 min price 200 180 m-th

ELEMIS BIOTEC Sensitive Skin Soother

This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming anti-oxidants improve the skin's ability to repair itself. The result is calm and soothed skin.

50 min price 200 180 m-th

Mirbeau Kurs

Europeans know Kur as the foundation of traditional Spa experience: a centuries old renewal ritual of exercise, proper nutrition and care of face and body. Treatments involve a soak in a jetted mineral bath for relaxation and balance.

Pure Zen Journey

This blissful CBD bath ritual provides deep harmony, balance, and calm for the body from head to toe. We begin with an all-natural body brush exfoliation followed by an infused rosemary and mint, Epsom salt bath, rich in vitamin E, coconut, and CBD oil designed to dissolve away tension. A bespoke massage to target and release stressed muscles with a cooling menthol rich CBD lotion and oil completes your relaxation experience, leaving your skin feeling soft and body refreshed.

100 min price 310 280 m-th

Exotic Milk Ritual

Be transported on an exotic journey of peace and harmony featuring Polynesian Frangipani Monoi to intensely nourish dry, parched skin. Your ritual begins with a deep cleansing, mineral rich salt scrub that sloughs away dead skin and encourages regeneration of new cells. Enter a state of bliss as mood-balancing aromatics and skin conditioning oils absorb deeply into your skin, while you are draped in a soft warm cocoon. A special milk protein base, rich in vitamins, minerals, and natural plant collagen, transform your ordinary bath into a hydration escape. Skin is left feeling satin-soft and delicately wrapped in fragrance.

100 min price 300 270 m-th

Mirbeau Luxury Collection

Enjoy a purifying and hydrating body polish with an organic Mud wrap followed by a bath laden with thermal mineral crystals and Arnica. Finish with a relaxing full-body massage using your own, personally selected lotion and oil for long lasting, ultra-hydration.

100 min price 300 270 m-th

Vichy Treatments

{ Not available at this time }

Our Vichy Shower has eight adjustable shower jets to caress your body under an invigorating waterfall. These services are designed to increase blood circulation, hydrate the skin and sooth the nervous system, enabling your body to balance and your muscles to relax.

Reviving Waters Vichy

A Geranimum and Frangipani salt scrub removes dead skin cells and prepares the skin to be replenished with a nourishing body milk wash. Finished with a warm Frangipani oil application to reclaim your skins natural subtleness.

50 min price 200 180 m-th

French Country Vichy

A nod to a balanced French Country lifestyle, this body scrub relies on simple natural ingredients and the healing properties of water. The healing begins with an exfoliating body polish to replenish the skin followed by a relaxing massage under an invigorating waterfall of eight shower heads. Finished with an age-defying probiotic lotion leaving your skin soft and glowing.

50 min price 190 170 m-th

Body Treatments

French Clay Detox

Your journey begins with an invigorating exfoliation to remove dead skin cells. Next, warm French green clay and seaweed are applied to the body to remove toxins, nourish the skin, and stimulate circulation. A calming scalp massage is performed while the body is wrapped and the skin is replenished with a coconut-argan body oil.

50 min price 180 160 m-th
100 min price - *with massage* 310 280 m-th

Organic Body Firming Wrap

This service begins with an invigorating dry brush exfoliation to help remove dead skin cells, stimulate lymphatic flow, and improve circulation, and brighten the skin. A clinically-proven organic body firming serum is applied to help reduce the appearance of cellulite while toning and firming the skin. The body is wrapped in a hydrating cocoon while you enjoy a relaxing massage of the face and scalp.

50 min price 180 160 m-th
100 min price - *with massage* 310 280 m-th

Impressionist Retreat

Begin with a scent journey to choose your own bespoke fragrant oil. Hot towels prepare your skin as thermal Mud is painted on and you are enveloped in warm, herbal soaked linens. The mud draws impurities from skin and toxins from the body while the lotion and oil application leave your skin cashmere-soft with a healthy glow.

50 min price 175 155 m-th
100 min price - *see Mirbeau Luxury Collection, page 6*

Body Nectar Nourishing Wrap

The velvety texture of the Monoi Oil offers super-hydration, quenching thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils get to work.

50 min price 175 155 m-th
100 min price - *see Exotic Milk Ritual, page 6*

Mirbeau Signature Ritual

Delicately slough away dry, dehydrated skin with this body exfoliation ritual enhanced with an all natural sugar scrub which preserves skin's moisture balance. Finish with a lusciously hydrating full body quench, infusing skin with warm body butter for head-to-toe healing.

50 min price 170 150 m-th
100 min price - *with massage* 300 270 m-th

Mother-To-Be Body Polish

Enjoy this gentle yet effective treatment that uses mild exfoliation of the body followed by ultra-hydrating organic coconut oil massaged into the skin to maximize strength, health, and elasticity, and leave the skin soft and glowing.

50 min price 170 150 m-th

Hand & Foot *therapy*

We offer beauty without compromise to your nail services using the award winning Dazzle Dry polish system. Dazzle Dry provides 1-2 weeks wear and a 5 minute dry time without the use of harsh chemicals or UV/LED lights.

Refined Elegance *(Manicure or Pedicure)*

This ultra-hydrating treatment begins with an anti-aging fruit enzyme soak followed by a smoothing and hydrating body polish. Relax with a hot stone massage for a little extra and much deserved pampering. Indulge in a warm, moisture infusion of organic shea butter balm and coconut oil that plumps and rejuvenates tired looking hands/arms or feet/legs while leaving a radiant, youthful glow. Nails are impeccably groomed and polished with our long wearing, quick drying, natural and vegan polish.

50 min manicure price 90 80 m-th
50 min pedicure price 100 90 m-th

Mirbeau Signature *(Manicure or Pedicure)*

Traditional cleaning and grooming of the nails, cuticles, and rough calluses, followed by a light exfoliation and a hydrating honey mask. Enjoy a gentle hand or foot massage and finished with our long wearing, quick drying, natural and vegan polish of your choice.

50 min manicure price 80 70 m-th
50 min pedicure price 90 80 m-th

Gel Removal *(Manicure or Pedicure)*

Return to your natural nails and relax during this restorative treatment that removes old gel polish from nails. As gel polish is soaked, receive a light exfoliation and restore hydration with our nourishing Mirbeau Exclusive products. Nails are gently groomed and finished with our long wearing, quick drying, natural and vegan polish of your choice.

50 min manicure price 80 70 m-th
50 min pedicure price 90 80 m-th

Brow & Lash

Keratin Lash Lift

YUMI Lashes professional lash enhancement offers a more safe, natural looking alternative to eye lash extensions. A lash lift shapes and turns the lashes upwards to give them length, height, and volume. It gives you the appearance of having longer, darker and thicker lashes with results lasting from 8-12 weeks. 75 minute service.

price $150

Keratin Brow Lamination

YUMI professional brow lamination offers a nourishing and natural brow hair lift. A brow lamination offers individuals with natural brow hair who want to tame unruly hair, add symmetry, uniform shape and the look of fullness. Treatment includes Tint and lasts 6 to 8 weeks. 75 minute service.

price $150

Keratin Lash & Brow Treatment

90 minute service.

price $270

Mirbeau Men

Men's Essential Massage

For the busy businessman, active sportsman, or any man who wants to feel his best, this massage relieves tension and encourages incredible relaxation. Hot and cold facial towels are incorporated during an anti-aging shave emulsion mask, leaving your skin invigorated and ready for the day.

50 min price 170 150 m-th
100 min price 290 260 m-th

Men's Estate Facial

This green science organic men's face treatment is customized to your unique lifestyle and grooming challenges. Luxurious hot towels, relaxing neck and shoulder massage, and age-delaying ingredients combine to create the ultimate treatment experience that addresses even the toughest male skin concerns.

50 min price 170 150 m-th

Men's Hand Treatment

The ultimate men's hand treatment for those dry, tired hands that are always on show, and need more TLC. Treatment includes hydrating cuticle care and nail grooming.

50 min price 70 60 m-th

Men's Foot Treatment

An energizing experience designed for men. Invigorating mint and cool lime combine to revitalize tired feet and legs while deeply hydrating dry or calloused feet, followed by cuticle care and nail grooming. Hot towels and a relaxing massage of the feet and legs round out the experience.

50 min price 80 70 m-th

*All prices are subject to change without notice. M-TH pricing not valid over the following holiday dates: December 26th - December 29th, 2022 + February 14th, 2023 + February 20th - February 23rd, 2023.

Day Spa Packages

For those fortunate enough to enjoy the elegance and comfort of Spa Mirbeau as a regular getaway destination, we invite you to experience our Day Spa Packages, with a choice of your favorite treatments as well as delicious dining. All Day Spa Packages are inclusive of spa services, gratuities and a credit of $40 towards lunch.

Just A Day, Away

Choice of one manicure, one pedicure, two 50-minute treatments or one 100-minute treatment and lunch for one guest.

price 560 510 m-th

+ Additional $45 upgrade for Premier Cru, and Biotec facials

Monet's Palette

Choice of two 50-minute treatments or one 100-minute treatment and lunch for one guest.

price 410 380 m-th

+ Additional $45 upgrade for Premier Cru, and Biotec facials

A Touch of Class

Choice of one 50-minute treatment and lunch for one guest.

price 230 215 m-th

+ Additional $45 upgrade for Premier Cru, and Biotec facials

Close To You

Reconnect with one 50-minute Couples Signature Massage and a quiet lunch for two.

price 440 410 m-th

+ Additional upgrade may apply for specialty massages

MedSpa Solutions
at mirbeau

Now offering a variety of non-surgical light cosmetic treatments to help guests achieve the look they desire. Whether you want to rejuvenate your skin, contour your body, or enhance your appearance, the professionals from MedSpa Solutions will help customize the most beneficial treatment plan for your goals.

Consultations & Appointments

Set aside some time to meet with the MedSpa Solutions professional team to discuss your skin care and beauty needs. They will help you create a treatment plan tailored to your specific goals. Consultations are required before booking any MedSpa services.

Consultation Price 100

MedSpa Facials

Platinum Hydrafacial

The ultimate Hydrafacial experience! Begin with a detoxification process using Lymphatic Drainage. Then, the Signature Hydrafacial deeply cleanses, exfoliates, extracts and hydrates while incorporating a Booster designed to target your specific skin concerns. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

50 min price 370 350 m-th

Signature Hydrafacial

This invigorating treatment includes deeply cleansing, exfoliating, and extracting impurities from the skin while simultaneously infusing serums filled with antioxidants, peptide, and hyaluronic acid ingredients to hydrate.

30 min price 225 215 m-th

Dermapen-Micro-Needling

This Collagen Induction Therapy, increases the amount of collagen in your skin creating a younger, fresher looking appearance using an automated micro-needling device with that causes "micro injuries" to the skin. This allows topical products to be absorbed more effectively and stimulates your body's own collagen production.

50 min price 395 375 m-th

Hydrafacial/Micro-Needling Combo

Combine both our Hydrafacial deluxe treatment with our Mirco-needling facial for the ultimate skin transformation.

100 min price 620 600 m-th

MedSpa Cosmetic

Pricing quoted following consultation

Dermal Fillers “Liquid Facelift”

Replenish youthful volume with instant results. The natural process of aging causes a decrease in facial volume causing sagging, folds and wrinkles. Placement of the filler in the cheek area will lift the skin up, placement of the filler in the nasolabial folds will smooth out the “marionette” smile lines resulting in aging reversal and a younger appearance.

- *Lip Shaping & Volumizing*
- *Marionette Line Treatment*
- *Nasolabial Fold Treatment*
- *Chin Treatments*
- *Forehead Lines*
- *Jaw Line*

Neuromuscular Modulators "Botox"

Neuromodulators are used in aesthetic medicine to block or reduce unwanted facial muscle activity. When botulinum toxin is injected, it blocks certain nerve signals that make muscles contract. After injection the muscles relax, reducing unwanted wrinkles and the effect lasts about 3-6 months.

- *Bunny Lines*
- *Forehead Wrinkles*
- *Glabellar Complex (II Lines)*
- *Smile Lines/Crows Feet*
- *Chin*
- *Playtsmal Bands*
- *Masseters (Jaw)*

Non-Surgical Face Lift: PDO Threads

A PDO thread Lift is a minimally invasive procedure. After numbing and infusion of local anesthesia, the PDO threads are inserted via sharp or blunt tip needles (called cannulas) into different layers of the skin. Once inserted, the threads anchor the skin and smooth fine lines and wrinkles, rebuild collagen, and lift the skin upwards. Benefits of PDO threads lasts around two years and include smoother skin and collagen and elastin regeneration.

MedSpa Laser

Pricing quoted following consultation

IPL Dark Spot Removal

Intense Pulsed Light therapy is a non-invasive treatment that firms and tightens skin while targeting brown and red discolorations.

Hair Removal

Eliminate razors, waxing and ingrown hairs and experience the liberation that comes along with never shaving again! Highly concentrated light is beamed into hair follicles where the pigment in the follicles absorbs the light that damages and destroys the hair.

Vascular Lesions

These services encompass a wide range of indications, including rosacea, facial and spider veins, varicose veins, and more.

MedSpa Hydration & Vitamin Therapy

IV Infusion

IVFR is a great source for IV fluid drips, supplements, and oxygen therapies. IVFs and oxygen can help restore your body's essential building blocks and get you feeling better fast.

Myers Cocktail $215

Basic Recovery $145
+ Vitamin C Boost $40

Intramuscular Injections

Looking to boost your mental and physical performance? Get a vitamin boost and feel better fast! We offer four different IM injections based on what your body needs. IM is a technique used to deliver medication deep into the muscles. This allows the medication to be absorbed into the bloodstream for faster results compared to oral vitamins.

Glutathione $25
Lipo-C $25
B-12 $25
Vitamin D $40
Triple Boost $60
(Glutathione, Lipo-C, B-12)

MedSpa Smile

Invisalign

Invisalign is a method of orthodontic treatment which uses a series of clear, removable teeth aligners used as an alternative to traditional metal dental braces. When used consistently, the treatment time may be cut down considerably compared to the traditional braces.

Pricing quoted following consultation

TMJ/TMD Treatment

Treat neuromuscular conditions of clenching, grinding, facial muscle pain and spasms, and tension headaches associated with a debilitating condition called TMD (Tempromandibular disorder). The treatment consists of appliance therapy and/or muscular modulators such as Botulinum Toxin.

Pricing quoted following consultation

Opalescence Go Teeth Whitening Kit

Opalescence tooth whitening gel is a strong formulation for dentist advised teeth whitening at home. Opalescence lightens internal discoloration caused by medication or tooth trauma as well as superficial stains from foods, drinks, and smoking. The uniquely viscid gel of The kit includes gels, instructions, and impression materials for creating custom dental trays for home.

Available for purchase at the Spa Desk $150

Mirbeau Gift Cards

Gift Cards are available and may be used toward spa treatments, purchases at La Boutique and dining, and are accepted at all Mirbeau Inn & Spa Resorts and Spa Mirbeau locations. Purchase in-store, by phone, or online at www.shop.mirbeau.com.

Wellness Memberships

We offer month-to-month and yearly Wellness Memberships for individuals, couples, seasonal residents and corporations. Call the number below or visit our website for full details.

Gratuities

For your convenience, a suggested gratuity of 20% will be automatically added to your final bill for all Spa services, excluding MedSpa services. Day Spa Package pricing is inclusive of gratuity.

Spa Etiquette

Spa Mirbeau welcomes guests 18 years and older. We are a non-smoking facility. Guests will not be permitted to enter or depart the premises with alcoholic beverages. Please do not bring cell phones and other electronic devices into the Spa. If you must cancel or reschedule your service, 48 hours notice is required to avoid charges for the service. A two treatment minimum for day guests will be required when booking on days with high volume including but not limited to weekends and holidays. Day Passes for use of facilities are only available for purchase Sunday - Friday. For more details, a complete list of guidelines can be viewed on our website.

Mirbeau®
INN & SPA

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